



# SELF MEASUREMENT FORM

## MEASURING TIPS

Keep the measuring tape comfortably snug, but not tight.

All measurements should be made to the nearest 1/4inch.

*How can I get more help?*

Email us at [info@nlsuits.com](mailto:info@nlsuits.com) or give us a call at 414-312-8665.

*Our team will be happy to help.*

NAME

PHONE #

E-MAIL

ADDRESS



SUITS

## BODY MEASUREMENT



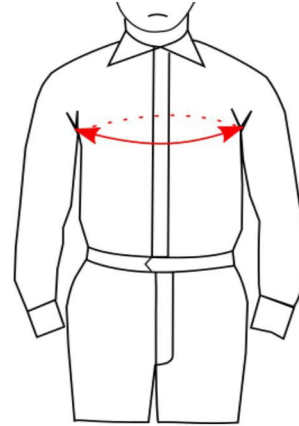
Using the tape measure provided, please have a friend or tailor take your measurements. It's easy. You can round all the measurements to the nearest 1/4".

Change out of any bulky clothing, like a sweater or jeans, and remove anything from your pockets.

### CHEST

Measure around the largest part of your chest, under the arm and level with the nipple. Relax your shoulders and breathe naturally. Don't puff out your chest.

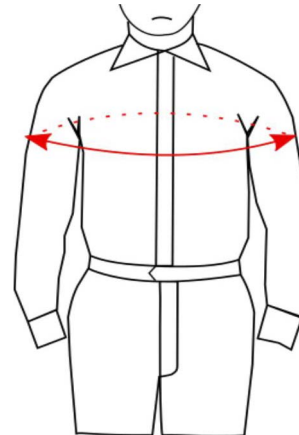
CHEST \_\_\_\_\_ Inches



### CHEST OVERARM

Measure around the same line as the chest, level with the nipple, this time with the tape measure over the arms.

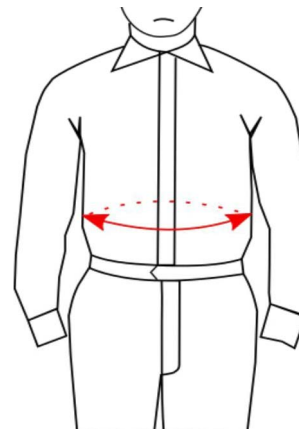
CHEST OVERARM \_\_\_\_\_ Inches



### WAIST / STOMACH

Measure around the widest (or narrowest ) part of your stomach, usually around the belly button. Breathe naturally, don't hold in your stomach.

WAIST \_\_\_\_\_ Inches





SUITS

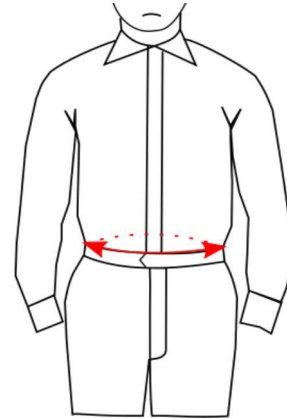
## PANTS WAIST

Place the tape at the top of your pants the whole way around, be sure not to ride over the waistband. Imagine the tape is your actual pants waist and adjust to your desired snugness.

Measured size may have a few inches difference from the label size in your pants.

PANTS WAIST

Inches

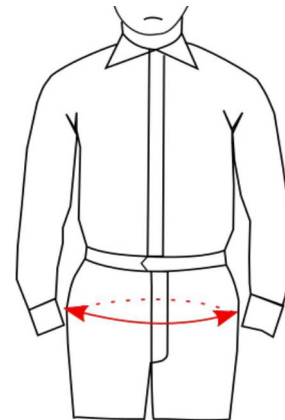


## SEAT

Measure the widest part of your hips, snug but not tight.

SEAT

Inches

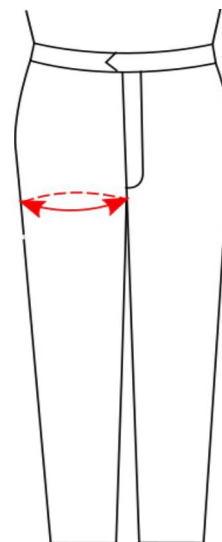


## THIGH

Measure around the widest and uppermost part of your thigh, just below the crotch.

THIGH

Inches





SUITS

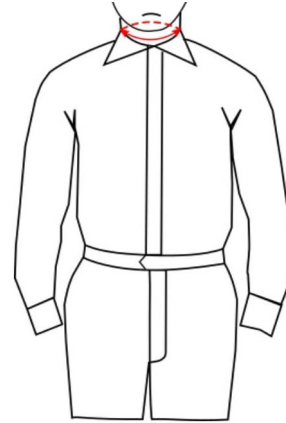
## NECK

Measure around the base of the neck.  
Tape measure should not be too tight.

NECK



Inches



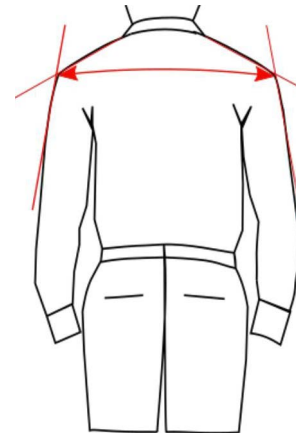
## POINT TO POINT

Measure the distance from one shoulder point to the other across your back. Measure from where the shoulder bone is most prominent and arch the tape slightly.

POINT TO  
POINT



Inches



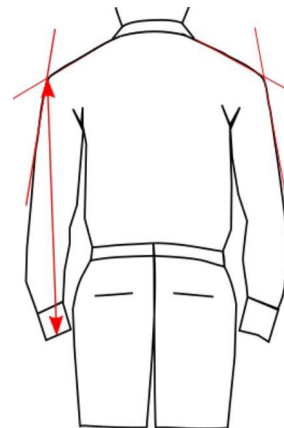
## SLEEVE LENGTH

Measure from your shoulder point down the side of your arm to the where the thumb meets the wrist.

SLEEVE  
LENGTH



Inches





SUITS

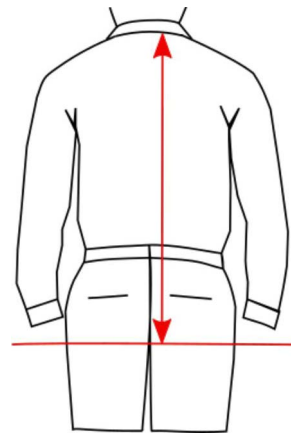
## JACKET LENGTH

Wearing a collared shirt, measure from the bottom of the shirt collar to the bottom of your seat, or to the desired point where the jacket should end, usually just long enough to fully cover your seat.

JACKET  
LENGTH



Inches

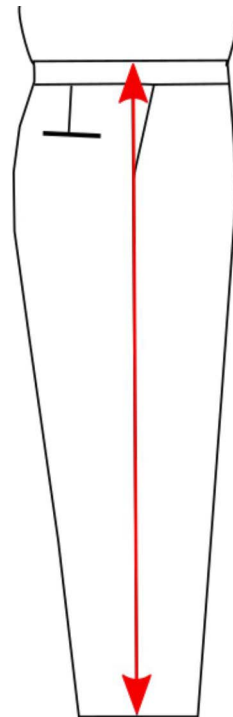


## PANTS LENGTH

With your shoes off, and wearing a pair of pants that fit you well, put your waistband at the usual height, and measure from the top of the waistband straight down to the bottom of the pants cuff along the side of the pants. Make sure the pants are not bunching and the tape measure is taut.

PANTS  
LENGTH

Inches



## EXISTING SUIT MEASUREMENT



If you have an existing suit that fits you well, you can use some of those measurements for your new suit. First, lay the jacket on a flat surface and make sure the material is not bunching. The tape measure should be kept taut. Round to the nearest 1/4".

Please tell us your existing off-the-rack suit size and brand name .

Jacket size

ex. 40 R

Pants size

ex. 34 R or 34 / 32

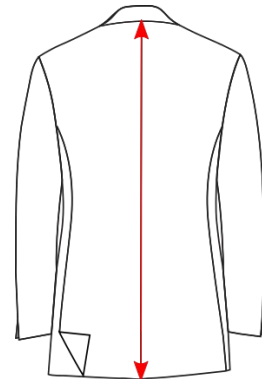
Brand Name

### JACKET LENGTH

Lay the jacket on a flat surface and measure straight down along the center back seam from the bottom of the collar to the bottom of the jacket.

LENGTH

Inches

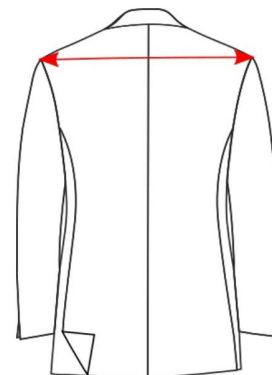


### POINT TO POINT

Measure straight across the back of the jacket from one shoulder seam to the other.

POINT TO POINT

Inches





SUITS



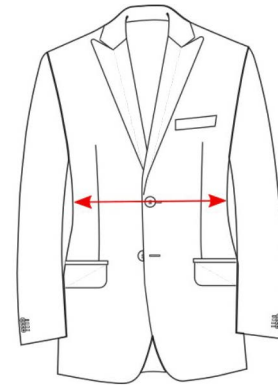
## HALF WAIST

Make sure the jacket is buttoned, and measure straight across the front of the jacket with the tape measure level with the top button.

HALF WAIST



Inches



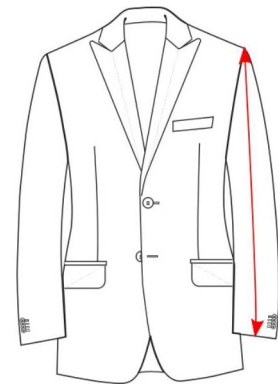
## SLEEVE OUTSEAM

Starting at the shoulder seam, measure straight down to the end of the sleeve.

SLEEVE OUTSEAM



Inches





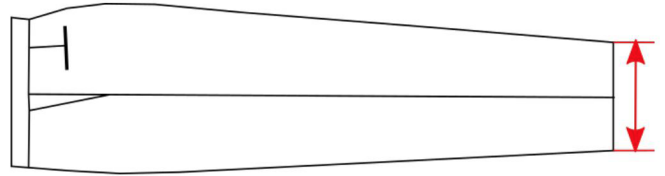
Lay the pants on a flat surface with enough space to fully extend the pant leg so the material doesn't bunch up. Round your measurements to the nearest 1/4".

## HALF BOTTOM

Measure straight across the bottom of the pant cuff.

HALF BOTTOM

Inches

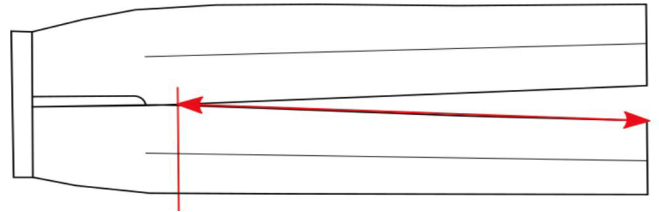


## INSEAM

Measure on the inside seam of the leg, from the crotch to the bottom of the cuff.

INSEAM

Inches

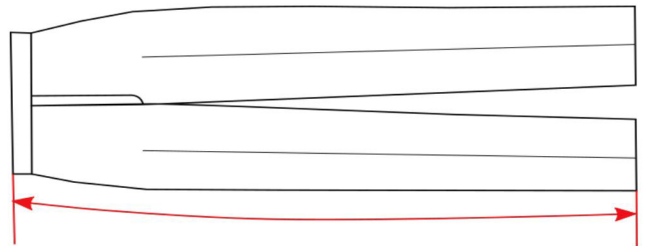


## OUTSEAM

Measure on the outside of the leg, from the top of the waistband to the bottom of the cuff.

OUTSEAM

Inches







## VEST LENGTH

Lay the vest on a flat surface and measure straight down along the center back seam from top to bottom.

LENGTH

\_\_\_\_\_

Inches

